



Preparing for a doctor's visit

Use this checklist anytime you are planning to see a doctor. Keep an active folder of your checklists with responses to your questions, feedback from the doctor or follow-up questions you might have for future appointments.

Preparing for a first appointment

Topics	The observations and reporting of the person in my care	My observations and reporting	Questions we have	Notes and follow-up questions
Medical history (Detailed information on past and recent medical issues)				
List of medications and supplements (Name and daily dosage)				
List of allergies				
List of medical procedures (Including surgeries and records of any tests; dates of all tests or procedures performed)				
List of immunizations (Record of any vaccinations)				

Preparing for a repeat visit

Topics	The observations and reporting of the person in my care	My observations and reporting	Questions we have	Notes and follow-up questions
General concerns				
Recurring symptoms (What it feels like, when it happens, what occurs and frequency)				
New symptoms (What it feels like, when it happens, what occurs, frequency and when you first noticed it)				
Side effects (Report any side effects from treatments)				
Changes in behaviour (How the behaviour has changed, when you first noticed it and when it tends to happen)				

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We are committed to working with our pharmacy partners to help make the care journey easier for you.

Visit [TevaCanada.com/Caregivers](https://www.TevaCanada.com/Caregivers) for more resources and support.