

What are your caregiving needs?

Complete this questionnaire for your pharmacy team to see if you would benefit from resources to help make your care journey easier—and to ensure you take care of yourself, too!

YOUR CAREGIVING NEEDS

Please answer the following questions to help us learn more about how you are providing care.

I find that I am having difficulty providing care.

Yes No

I am worried that I am not providing the best possible care.

Yes No

I need more information to provide the best possible care.

Yes No

I am worried about what the future of providing care will look like.

Yes No

I would like to have access to more support to make it easier to provide care.

Yes No

YOUR HEALTH NEEDS

Please answer the following questions to help us learn more about how providing care is affecting you.

Providing care is causing me physical hardship, pain or injury (e.g., disturbing my sleep, exhausting me, affecting my eating habits).

Yes No

Providing care is affecting my emotional and mental well-being (e.g., stress, feeling overwhelmed, guilt).

Yes No

I have had to change personal plans or make work adjustments to provide care.

Yes No

At Teva, we are committed to working with our pharmacy partners to help make the care journey easier for you.

Visit [TevaCanada.com/Caregivers](https://www.TevaCanada.com/Caregivers) for more resources and support.

For pharmacy use

Caregiver name: _____

Patient name: _____

Date: _____

- Register caregiver into pharmacy computer.
- Put caregiver's name on patient's file.
- Review caregiver engagement tool and place it into prescription bag.
- Ask if the caregiver wants more information on the condition.
- Schedule caregiver consult.

Notes:

Caregiver conversation-starter

The following uses the example of an adult picking up medications for a senior parent. It shows how to start a conversation to see if they need assistance.

- I see you're picking up this prescription for (or accompanying) **your mom**.
- Do you often take care of **her** health and medication needs?
- How are you doing with all of this?
- Are you able to make some time for yourself?
- We can help you out—let me know if you want to talk about this.

Feel free to adapt this example to fit your own conversation style.

Need more questionnaires?

Contact your Teva Canada Sales Representative, or download the questionnaire at [TevaCanada.com/CaregiverPharmacies](https://www.TevaCanada.com/CaregiverPharmacies).