

## HEAD IN THE FIGHT AGAINST GERMS BY FOLLOWING THESE











pply soap



crub your hands (palms, backs, thumbs, wrists, fingernails and between your fingers) for at least 20 seconds!



old your hands under running water to rinse

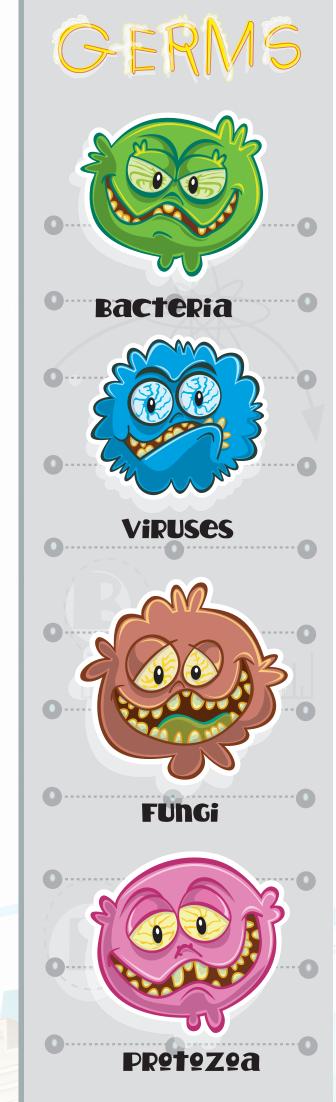


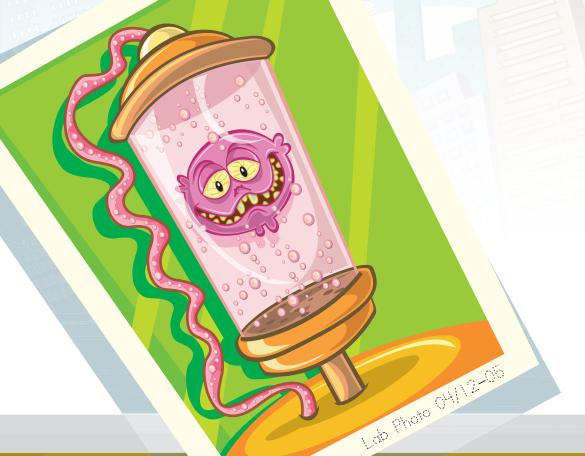
Sophie

se a clean paper towel to dry hands



aper towels should be used to turn off the tap (so you don't get your hands dirty again)







teva