

# OPERATION: WASH UP

## Mission Outline

### Mission Objective:

Show proper handwashing methods.

### Mission Details:

Have parents or guardians initial the back of this card for each day you wash your hands using the 6 handwashing steps.

Return your completed card to Pharmacy Headquarters to receive your official handwashing certificate.

### Mission Timeline:

7 days

NAME:

# The 6 Handwashing Steps

- W**et hands with warm running water
- A**pply soap
- S**crub your hands (palms, backs, thumbs, wrists, fingernails and between your fingers) for at least 20 seconds!
- H**old your hands under running water to rinse
- U**se a clean paper towel to dry hands
- P**aper towels should be used to turn off the tap (so you don't get your hands dirty again)

**Initial Here!**

DAY 1	DAY 2	DAY 3	DAY 4
DAY 5	DAY 6	DAY 7	

Return Your Completed Cards to Pharmacy Headquarters:

**teva**